## 17 October 2016

To Whom It May Concern

## Peri Aydin

Peri worked as companion for my husband who suffered from dementia for 5 years from 2011. During this time she was responsible for spending a great deal of time alone with him and ensuring that he was able to become involved in a range of appropriate activities. This included accompanying him on various social activities including eating in restaurants. Peri was also responsible for cooking for my husband and liaising with relevant external agencies e.eg GP and social worker.

I found Peri to be a very efficient person who simply addressed what needed to be done in a systematic and professional way. She proved herself to be very flexible in the light of quite difficult circumstances. She adopted absolutely the right approach to my husband who very quickly trusted her completely and who enjoyed her company.

Her reliability was exemplary: she was never late and was always prepared to amend her schedule as the need arose. She proved herself to be very competent and her communications skills were of the highest order. She has great integrity and is completely trustworthy.

Peri's has a calm, pleasant personality with a good sense of humour.

I believe she has the professionalism and skills to handle whatever situation she is presented with and I have no hesitation in recommending her

Ceri Nicholas

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